

WAY TO GO!

YOUR GUIDE TO GETTING TO SCHOOL



PLUS

JOKES!

PUZZLES!

QUIZZES!

GO FAR WITHOUT THE CAR!



Cars on the school run cause pollution and traffic jams. Walking, scootering or cycling to school is fun and great for your health!

Hey!

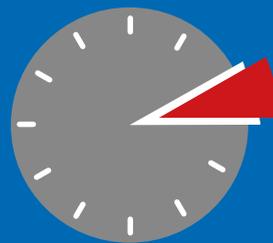
Children who walk to school arrive more ready to learn, settling down to lessons more quickly than those who travel by car



HOW MANY FOOTPRINTS CAN YOU COUNT ON THESE PAGES?

Joke!

WHY DID THE TRAFFIC LIGHT GO RED?
Because everyone saw it CHANGING!



Children need one hour of exercise every day. Walking to school helps achieve this!

SPLASH OF COLOUR!

Give this image a splash of colour. Spot the five items beginning with the letter B!



Joke!

WHY DID THE BANANA CROSS THE ROAD?
IT WAS TIME TO SPLIT!

- 1
- 2
- 3
- 4
- 5

WALK THIS WAY

Walking is a triple treat! It keeps you fit, it's good for the planet and it saves you money. Way to go!



TIP!
Wear bright clothes - drivers can see you more easily.

TIP!
Never cross a road without the help of an adult (or an older brother or sister if they're allowed to look after you).

TIP!
Don't mess around near roads - save it for the playground!

STEP TO IT!

The average person takes about 7500 steps a day. Over a lifetime, that's around 216 million steps - or enough to go around the world four-and-a-half times!



GAME ON!

One person starts by saying: "I packed my bag for school and in it I put...". Then they have to say something beginning with "A" - for example, "Apple".

The next person then says, "I packed my bag for school and in it I put an apple and a..." and they must say an item beginning with "B", such as "Banana". Then it's on to "C".

See if you can make it all the way through, from A to Z!

Make your walk to school more fun with this game



TIP!
To make it even funnier, think of the silliest things possible that could go in a school bag! For example, aquarium, bicycle, crocodile...

What a pair!

Someone hasn't put their shoes away properly! Can you find the pair of shoes in all this mess?



GET READY TO ROLL!



Scootering is fun and speedy. But being speedy in the wrong place can cause problems - for you and others!

Pedestrians have "priority". That means you have to watch out for them and let them go first!

TOP tips

- 1 Never scooter on the road, even when you are using a proper crossing
- 2 Watch out for driveways - there could be a car coming out
- 3 Stop well before you get to the kerb. If you skid, you could fall into the road!
- 4 Always scooter with an adult. And don't go too far ahead, they need to know where you are.



A sensible speed limit on pavements is **4mph** - that's a fast walking pace. If you are going any quicker than that, you are going too fast!

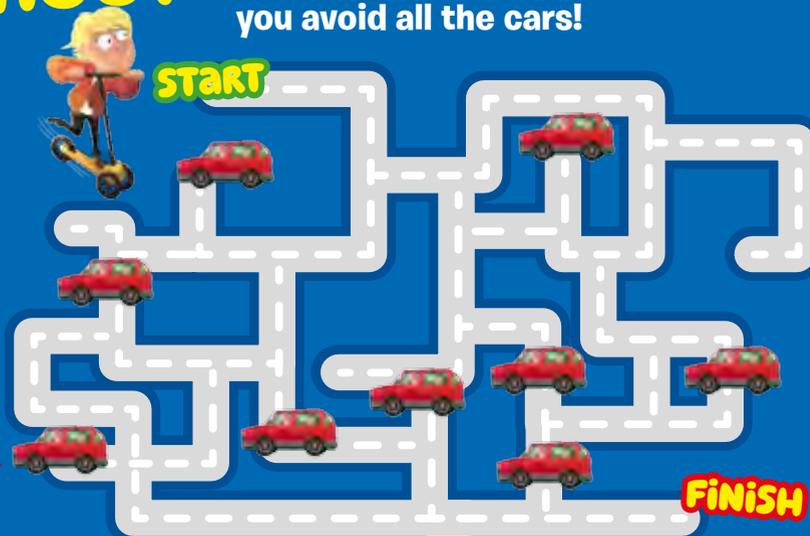
BONKERS BAGGAGE

Hanging a school bag on your scooter is asking for trouble! Carry it on your back or ask an adult to take it.



SCOOT HOOT

Can you help this girl scooter through the maze? Make sure you avoid all the cars!

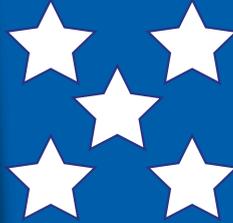


Super spot

These pictures might look the same but they aren't! Can you spot **five differences**?

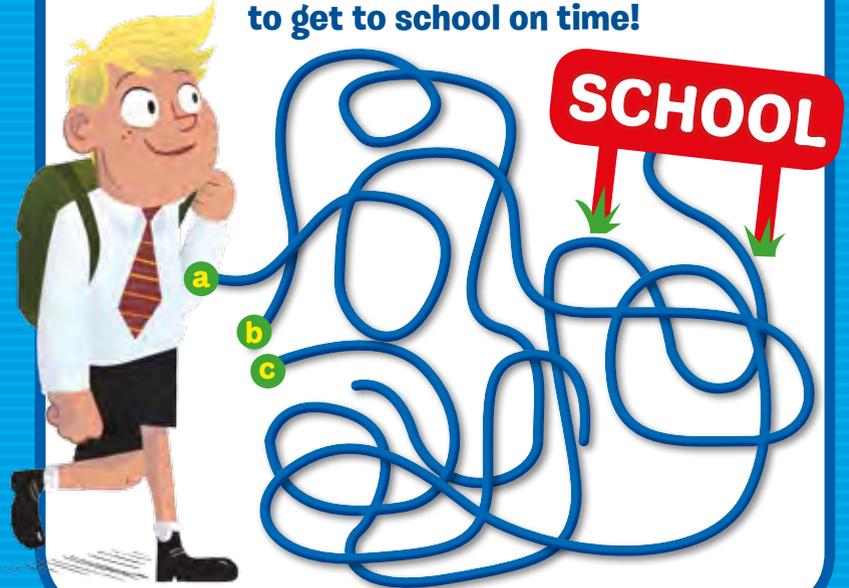


Colour a star as you find each one!



WALK TO SCHOOL!

Help this boy choose the right path to get to school on time!



CRAZY COUNTING!

How many road signs can you count below?



TRUE OR FALSE?

- 1 You have to be over **10** to ride a scooter.
- 2 Cyclists have to **obey** traffic signals and signs.
- 3 You should wear **bright** clothing when out walking.
- 4 Walking is **bad** for your health.
- 5 Walking instead of using the car **helps** the environment.

PLEDGES



MY NAME IS:

.....

I PLEDGE TO:

WALK TO SCHOOL AT LEAST ONCE A WEEK

USE MY SCOOTER OR BIKE MORE OFTEN

NOT TO ASK MY PARENTS TO USE THE CAR FOR THE SCHOOL RUN

THESE PLEDGES HAVE BEEN WITNESSED BY

.....

(WITNESS SIGN HERE)

FRIEND **TEACHER** **PARENT** **BROTHER/SISTER**

ANSWERS:

Page 2 How many footprints?

There are 14.

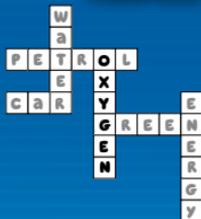
Page 3 Splash of colour! Bag, ball, bike, bird, bus.

Page 5 What a pair!



Page 7

Wonderful words



Page 9 Scoot hoot



Page 10 Super spot



True or False? 1 = False, 2 = True, 3 = True, 4 = False, 5 = True.

Page 11 Walk to school!
The correct route is 'C'.

Crazy Counting! There are 24 signs in total.



There are 5 of these signs.



There are 4 of these signs.



There are 6 of these signs.



There are 4 of these signs.



There are 5 of these signs.

Illustrations: Robin Boyden

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